



February 15, 2021

It's been 346 days since my five kids attended school in person. Unfortunately, their schools may not reopen until the next school year in August.

That would be 530 days without school in person. Consequently, we just unenrolled them and hired tutors/teachers to come run a homeschool program for them.

I believe the mental health of children is a CRITICAL and overlooked issue of the past year. Please have conversations with your kids and grandkids to really understand how they are doing.

My brother-in-law is a local pediatrician and says child suicide attempts and general depression from isolation is off the charts. A friend's 17-year old daughter recently checked into a 24/7 suicide prevention institution. This girl is a straight A student-athlete with many friends.

We've got to invest more in our children; they are our future. Tell (and SHOW) your children and grandchildren you love them today. I know this topic has nothing to do with personal financial planning, but I felt like bringing some attention to this issue as a father of five young kids. You can have a major impact in the mental and emotional health of the young people in your life.

Thanks for listening.

P.S. If you enjoy podcasts, [here is a link](#) to 25+ podcast interviews I've done recently. I suggest you listen on 1.25x or 1.5x speed.

P.P.S. My book "[Stress Free Money](#)" got named by Forbes (business, finance, goals category) as #14 for "[Top 21 Books to Read in 2021](#)."

Sincerely,

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