



February 15, 2021



Here are 12 things we often procrastinate:

- || Eating better
- || Exercising more
- || Getting married
- || Financial planning
- || Having kids
- || Changing jobs
- || Buying a house
- || Seeing a doctor
- || Investing for retirement
- || Taking dream vacation
- || Giving time/money to charity
- || Family estate planning

I challenge you to **choose at least two** from this list and **take action** in 2021. You can do it! Here are two great articles by friends of mine that dive deep into how to overcome procrastination: [Article 1](#). [Article 2](#).

We can help you make progress on your goals! Simply click the blue button below and pick a time to chat with our [Pacific Capital](#) team.

P.S. If you enjoy podcasts, [here is a link](#) to 25+ podcast interviews I've done recently. I suggest you listen on 1.25x or 1.5x speed.

P.P.S. My book "[Stress Free Money](#)" got named by Forbes (business, finance, goals category) as #14 for "[Top 21 Books to Read in 2021](#)."

Sincerely,

  
WEALTH ADVISOR FOR ENTREPRENEURS

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