



June 18th, 2023

Hello First name / friend,

“A father should be his son's first hero and his daughter's first love.” I love this quote!

As a father of five kids, this day feels special. I have great love and a great responsibility to raise and protect our kids. They're the reason I wrote the book [“Smart, Not Spoiled.”](#)

I love my kids and I love my dad as well. He's always been a great example to me. Statistics show that involved fathers improve a child's emotional health, physical health, self-confidence, and so much more.



Here are 7 ways I believe we can make an impact as fathers:

1. Teaching Responsibility and Accountability
2. Modeling Emotional Intelligence and Self-Control
3. Providing Physical and Emotional Security
4. Teaching Work Ethic and Discipline
5. Providing Financial Stability and Independence
6. Encouraging a Healthy Lifestyle
7. Demonstrating Love and Respect for Women

Let's not be the kind of dads who only work or sit on the couch watching TV, or avoid showing affection and expressing love. Let's be leaders, unafraid to be bold about our love and care for our children.

Our families need us. And our young people need strong and engaged fathers these days. **Happy Father's Day!**

Sincerely,



SCHEDULE A CALL

REFER SOMEONE

